

# SAULT COLLEGE-OF APPLIED ARTS & TECHNOLOG' $^{\rm r}$

SAULT STE. MARIE, ONTARIO

SAUL'S Su MARIE

COURSE OUTLINE

HUMAN BIOLOGY

Course Title:

RNA 100

Code No:

NURSING ASSISTANT

Program:

Semester:

FEBRUARY, 1988

Date:

MARION HAGGMAN

Author:

New: X Revision:

APPROVED:

Chairperson Date

HUMAN BIOLOGY RNA 100

Course Name Course Number

#### COURSE DESCRIPTION

This course is 60 hours. It is based on BIO 101 and BIO 121 from the Diploma Nursing Program.

The Human Biology course deals with the structure and function of the human. It includes common stimuli which affect the structure and function of man as well as man's adaptive responses, which enable him to maintain a relatively constant state. Understanding the human body and how it reacts to various stimuli will enable the student to relate this knowledge to the theory and practice of nursing.

## GENERAL OBJECTIVES

- 1. Describe biological adaptation in relation to the structure and function of the human body.
  - a) Describe the structure of the human body.
  - b) Describe the function of the human body.
  - c) Describe the relationship of function to structure in the human body.
  - d) Describe the changes that occur in structure and function throughout the life cycle from conception to death.
- 2. Explain the concept of biological adaptation.
  - a) Describe the biological stimuli that impinge upon man.
  - b) Explain the concept of adaptation using examples from biological mode.
  - c) Describe the variables that influence biological responses.
  - d) Illustrate adaptive and/or ineffective biological responses.
  - e) Describe how an individual maintains and promotes biological adaptation.

## METHOD OF ASSESSMENT (GRADING METHOD)

Lectures, A.V. resources, class discussions, worksheets.

GRADING A+ 90 - 100%

A 80 - 89%

B 70 - 79%

C 60 - 69%

NOTE: Pass is a "C" overall

#### TEST SCHEDULE 20% Test #1 Terminology Nervous System Test #2 Endocrine System 10% Integumentary System Special Senses Test #3 10% Musculoskeletal System Test #4 Circulatory & Lymphatic Systems 10% Respiratory System Test #5 Urinary System 10% Gastrointestinal System Reproductive System Test #6 The Cell 40% Microbiology, Thermal Control Mechanisim All other units previously covered

#### NOTE:

- 1. If you are unable to attend class for a test, you MUST contact the Health Sciences Office BEFORE the test. 949-2050, ext. 689
- Students who do not pass any of the tests and do not pass the final exam will not be given the privilege of writing the supplemental exam.
- 3. One supplemental exam will be given. If the supplemental exam is passed, the student will receive a "C" regardless of the final exam mark.
- 4. Excellent attendance will be taken into consideration for borderline marks.
- 5. Evaluation of this course will be done mid-term.
- 6. Tests remain the property of Sault College.
- 7. Tests will be objective and diagram labelling.

## TEXTBOOK(S):

Anatomy and Physiology, Thibodeau, G.A., Times Mirror/Mosby College Publishing, Toronto, 1987.

Introductory Human Anatomy and Physiology, Kehoe, M. Magill, W. Rushin H., Turner, A., Kendall/Hunt Publishing Co., Dubuque; Iowa, 1983

## READING ASSIGNMENTS/ HOMEWORK

### CLASS SCHEDULE

Week #1 Class A

Introduction
Terminology (Overview)
(Obj. IA.1,2)

Text p.2-31
Worksheets p.1-13

Class B

Terminology (Overview)
(Obj. IA.1,2)

Week #2 Class A

Nervous System
(Obj. IB.1)

Text p.282-350 Worksheets p.14-20

Class B

Nervous System (Obj. IB.1)

Week #3 Class A

Nervous System
(Obj. IB.1)

Text p.282-350 Worksheets p.14-20

Class B

Nervous System (Obj. IB.1)

Week #4 Class A

Test #1
(Obj. IA, B.1)
Endocrine System
(Obj. IB.2)

Text p.386-417 Worksheets p.21-22

Class B

Endocrine System
(Obj. IB.2)

Week #5 Class A

Endocrine System
(Obj. IB.2)

Text p.386-417 Worksheets p.21-22

Class B

Endocrine System
(Obj. IB.2)

Week #6 Class A Text p.112-139
Integumentary System (Obj. IB.3)

Class B Text 362-385

Special Senses Worksheets p.26-29 (Obj. IB.4)

Week #7 **Class A** Text p.140-281 Test #2 Worksheets p.30-54 (Obj. IB.2,3)

Class B
Musculoskeletal
(Obj. IC.1)

Systems

Week #8 Class A Text p.440-509
Test #3 Worksheets p.55-63
(Obj. IB.4, C.1)
Circulatory & Lymphatic

(Obj. IC.2)
Class B
Circulatory & Lymphatic
 Systems
(Obj. IC.2)

Week #9 Class A Text p.510-553
Respiratory System Worksheets p.64-65
(Obj. IC.3)

Class B Test p.624-649
Urinary System Worksheets p.66-69
(Obj. IC.4)

Week #10 Class A Text p.554-597
Test #4 Worksheets p.70-74
(Obj. IC.2,3)
Gastrointestinal System
(Obj. IC.5)

Class B
Gastrointestinal System
(Obj. IC.5)

Text p.692-737 Week #11 Class A Worksheets p.75-80 Reproductive System (Obj. IC.6) Class B Reproductive System (Obj. IC.6) Text p.32-111 Week #12 Class A Worksheet p.81-105 Test #5 (Obj. IC. 4,5,6)Cell (Obj. II. A-C) Class B Cell (Obj. II. A-C) Week #13 same as Week #12 Class A Cell (Obj. II. A-C) Class B same as Week #12 Cell (Obj. II. A-C) Text p. 738-754 Week #14 Class A Worksheet p.106-134 Microbiology Worksheets p.135-143 Week #15 Class A Thermal Control Mechanisms (Obj. IV, 1-5) General Review Class B Test #6 (All the objectives)